

NAME: _____

DATE: _____

SCORE: _____ /50

A  Listen to Julia, Sam, and Max talk about change. Then read the questions and choose the correct answer.

- 1 Why doesn't Julia find it easy to make changes?
 - A Because her experiences with change haven't always been good.
 - B Because she has never been able to cope with changes.
 - C Because she wants things to remain the same.
- 2 What happened when Julia went to college?
 - A She was a little nervous at first, but then she met a lot of people.
 - B She didn't feel ready at the beginning, but then she started talking to new people.
 - C She was very frightened, so she didn't meet any new people.
- 3 How has Sam changed?
 - A He isn't shy anymore, and he finds it really easy to make changes.
 - B He does new things every month, but he thinks his life has become too complex.
 - C He makes himself do something new every month, and he thinks things are better.
- 4 What is Max's opinion on change?
 - A It's a waste of time.
 - B It can make us less frustrated.
 - C It's always a challenge.
- 5 What does Max do with his friends?
 - A Four times a month, they choose one thing to change or try.
 - B They try new food and change their look every week.
 - C They try to survive dangerous weekly challenges.

_____ / 10 (2 points each)

B Choose the correct answer.

EXAMPLE She wants to share an apartment with her friends, but she's *capable* / *frightened* of telling her parents.

- 1 You should stop *resisting* / *surviving* change. There is no way to avoid it.
- 2 I *accept* / *underestimate* that you are busy, but I think that you should come to the dinner. It is important.
- 3 The preparation for the exams was quite stressful, but I managed to *adapt* / *survive* it.
- 4 I know it's not the most exciting job in the world, but it's a *grip* / *step forward* toward what I really want to do.
- 5 We just finished painting the living room and now we're going to *tackle* / *accept* the kitchen.
- 6 I think we should move. I can't *take* / *adapt* living next door to these neighbors a day longer!
- 7 Jim says he hates his classes this year. I think he should get a *grip* / *through* and stop complaining.
- 8 If you can't *welcome* / *cope* with hot weather, then you shouldn't go to tropical countries on vacation!

_____ / 8 (1 point each)

C Complete the sentences with the words in the box.

awkward ~~complex~~ crazy infuriating nerves patience time time-consuming

EXAMPLE I have read the instructions for the application process. But they are so complex that I can't understand a word of them!

- 1 When the crowd started asking difficult questions, she looked as if she was about to lose her _____.
- 2 Making bread is quite a _____ process, so I only do this if I have the whole day free.
- 3 I bought a new smartphone, but it's a really _____ size and it doesn't fit in my pocket.
- 4 My sister watches horror movies on her tablet at night. It gets on my _____ because I can hear them and I can't get to sleep.
- 5 I asked them to take me off the mailing list, but they kept sending me spam mail. It was so _____! I hate them!
- 6 I spent hours in traffic to get there, and then I was able to talk to the doctor for only 15 minutes! What a waste of _____!
- 7 Peter always parks his car in front of our house. It really drives me _____. Why doesn't he park it in front of his own?

_____ / 7 (1 point each)

D Choose the correct answer.

EXAMPLE It tends to snow / will snow in the mountains around this time of the year.

- 1 Our neighbors *are constantly talking* / *will talk* about moving. If they are so unhappy in this neighborhood, they should go!
- 2 Martina *tends to tell* / *tells* me that you enjoy spending your vacations in Hawaii.
- 3 Roger and Alex *are always chatting* / *will chat* in class when they shouldn't be. Their teachers are so patient.
- 4 The class *usually starts* / *will start* at around 5 p.m., and we have a break half way through.
- 5 If I'm cooking on the weekend, *I'll often make* / *I'm always making* a little extra, just in case we have unexpected visitors.
- 6 Clara always looks relaxed when she's *doing* / *always doing* yoga.
- 7 Mr. Miller *is always underestimating* / *tends to underestimate* what his students can do. He should give them more autonomy in class.
- 8 In our family, we never watch TV when we *will eat* / *are eating* dinner.

_____ / 8 (1 point each)

E Choose all the correct answers. Sometimes more than one is possible.

EXAMPLE I adore peanut butter. It's strange because when I *used to be* / *would be* / **was** younger, I hated it.

- 1 When they were younger, my father *used to buy* / *would buy* / *bought* my mother some flowers every week. It was so sweet.
- 2 Last month, I *used to pay* / *would pay* / *paid* a lot for my phone bill, so this month I'm trying not to use my phone much.
- 3 When we lived in Canada, we went skiing every winter. I *used to love* / *would love* / *loved* it.
- 4 This afternoon at the park, I *used to eat* / *would eat* / *ate* two ice creams! What was I thinking?
- 5 My grandfather *used to have* / *would have* / *had* a turtle, but it died last year. He was so sad.
- 6 I *didn't use to like* / *wouldn't like* / *didn't like* jazz at all a few years ago, but it's my favorite kind of music now.
- 7 Paulo was born in Rio, but he *didn't use to grow up* / *wouldn't grow up* / *didn't grow up* there.

_____ / 7 (1 point each)

F Read the blog post. Then read the statements and decide if they are True or False.

Anya on the move!

When I was a child, my parents used to take us to the same places on vacation, year after year. After I left home, I'd dream about traveling abroad, visiting exotic countries, going to a different place on each trip, but, somehow, I never did. Now I've decided it is time to change all this – and to share my new adventures with you. Welcome to my new blog!

Nepal

Posted June 13th

Day 1

After surviving an endless flight, Mark and I arrived, tired and dirty, at Kathmandu Airport late at night. We just wanted to get to our hotel and go to bed, but the way there ended up being a little more complex. The airport was packed with people, and we had to wait for nearly an hour for our luggage. Looking for a taxi wasn't less frustrating. There were so many cars and people that it was tricky to see where the taxis were. When we finally got to the hotel, we couldn't take it anymore – after a quick shower, it was time for bed.

Day 2

We had a wonderful night's sleep, but we woke up to some horrible noises. Our hotel is this beautiful, enormous, historic building, which was sadly a little damaged in the earthquake of 2015. Even now they are still rebuilding parts of it, and it looks like slow progress – and a lot of loud noises in the morning.

But we also experienced our first Nepalese breakfast: plates of fruit, eggs, and several other dishes that looked a little mysterious. But the smells coming from every shiny dish was delicious and we enjoyed every little bit of the food!

After breakfast, we went out in search of a taxi again. This one took us through the streets of Kathmandu, driving through crowds of people, animals and thick dust everywhere. And then, once we had left the city, we went through this spectacular scenery of wide valleys and huge mountains, on the way to Bhaktapur. That is when I realized I had underestimated just how awesome the rest of the world can be!

- | | |
|--|-------|
| 1 The blog is about Anya's trips with her family when she was younger. | T / F |
| 2 Anya's experience at Kathmandu Airport was a little annoying. | T / F |
| 3 The hotel where Anya stayed in Kathmandu was fairly new. | T / F |
| 4 Anya couldn't resist the smells of the breakfast food. | T / F |
| 5 The nature in Nepal was much more beautiful than Anya had expected. | T / F |

_____ / 10 (2 points each)

A 1 a 2 b 3 c 4 b 5 a

B 1 resisting 2 accept 3 survive 4 step forward 5 tackle 6 take 7 a grip 8 cope

C 1 patience 2 time-consuming 3 awkward 4 nerves 5 infuriating 6 time 7 crazy

D 1 are constantly talking 2 tells 3 are always chatting 4 usually starts
5 I'll often make 6 doing 7 tends to underestimate 8 are eating

E 1 used to buy / would buy / bought 2 paid 3 used to love / loved 4 ate
5 used to have / had 6 didn't use to like / didn't like 7 didn't grow up

F 1 F 2 T 3 F 4 T 5 T

- Julia:** Hi, my name is Julia. I've had some bad experiences in life, and I think that has made me a little cautious about making changes. I used to think that I could cope with change well, but then I realized that has not always been true. For example, when I went away to college, I was very nervous about meeting people. In fact, I wasn't really prepared for the experience, or ready to tackle college life and socializing. Eventually, I got a grip and forced myself to join clubs and talk to new people. It worked in the end, but it was a slow and painful process ...
- Sam:** Hi, my name is Sam, and I can understand Julia's situation. I used to be very shy and frightened of changes, but now I really make an effort to change my life in positive ways. For example, every month I try to achieve new things. At the beginning of the month, I make a list of things I want to improve or be able to do. Then, every day, I write notes in a diary to ensure I'm making progress. The process is still a bit tricky for me, but I think it has been a big step forward.
- Max:** Hi, I'm Max. I love change! I think that life is too short and it would be a waste of time not to try new experiences. There are so many new opportunities all the time! Just imagine how frustrating our lives would be without change! In fact, I just started this challenge with my friends called "Do something new every week". Basically, we think of things we want to change or try in our lives, like change our look or try some new food. Then, every week, we choose one thing and just do it. Anyone who doesn't is out of the challenge. So far, everyone has survived and we have realized how much we are all capable of.

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A  Listen to Mary talk about the lessons she learned about traveling. Then match the statements (A–E) to the lessons (1–5).

- A You will learn more about a culture if you talk to the local people. _____
- B You don't need as many things as you think you do when traveling. _____
- C A trip should not be a race. _____
- D Find some information about the place before you go. _____
- E The main purpose of traveling is to know a different place. _____

_____ / 10 (2 points each)

B Match the sentences.

EXAMPLE My sister has four children, and they are all under 10 years old! I

- | | |
|--|---|
| 1 I'm glad you came. I've been working all morning, and I'm exhausted. _____ | A But it's clear that she's adapted well to city life! |
| 2 My mother is a very brave woman. _____ | B Then I'm going to tackle the rest of the emails. |
| 3 Living abroad can be a challenge at first. _____ | C She's never frightened of accepting a challenge. |
| 4 I can't take the stress of doing this job anymore. _____ | D I'd really welcome a break. |
| 5 I need to write that down. _____ | E I underestimated how long it would take me. |
| 6 Maria only moved to this city two months ago. _____ | F I've decided to look for a new one. |
| 7 I'm not going to finish this on time. _____ | G But if you get through the first few months, it gets much easier. |
| 8 First, I'm going to have a coffee. _____ | H I'm not capable of remembering it all. |
| | I I don't know how she copes with them all. |

_____ / 8 (1 points each)

C Choose the correct answer.

EXAMPLE Mariano always taps his finger on the desk when he's stressed. It gets on my nerves / loses my patience.

- 1 I'm trying to remember his name, but I can't! It's so *clumsy* / *infuriating*!
- 2 This morning the biology teacher *was a waste of time* / *lost his patience* with the class, because only two of us had done the homework!
- 3 I spent hours cooking a meal for Karen, but then she didn't come home for dinner. It was so *frustrating* / *complex*.
- 4 Jon wants to meet at 6 p.m., but it might be a little *time-consuming* / *tricky* for me because my previous meeting ends at 6.15.
- 5 Dan is very *tricky* / *clumsy*. He's always dropping things and knocking things over.
- 6 Only the technician can use this machine because it's complicated and *hard to operate* / *loses your patience*.
- 7 It's quite a *complex* / *time-consuming* question. I'm not sure I understand it. Can you explain?

_____ / 7 (1 point each)

D Choose the correct answer.

EXAMPLE Demetri ___ about the taxes in this country. He can be a little annoying sometimes.

A is constantly complaining **B** will complain

1 Iago ___ on weekends because he is always too tired.

A won't meet up **B** isn't meeting up

2 I usually listen to music when ___ to work.

A I'm driving **B** I will drive

3 My son ___ to cope very well with new situations. He doesn't mind change.

A is tending **B** tends

4 People ___ me the transportation system in Osaka is complex, but that visitors usually get used to it after a while.

A will tell **B** tell

5 Anna ___ Sam for advice when she's not sure about what to do.

A tends to ask **B** is asking

6 My daughter loves interior design, and she ___ of new ways to change her house. She just can't stop.

A thinks **B** is always thinking

7 I never answer my cell phone when ___. Otherwise, I can't concentrate.

A I tend to study **B** I'm studying

8 I ___ fish rather than meat in the evening. I sleep better if I have a light dinner.

A tend to prefer **B** am preferring

_____ / 8 (1 point each)

E Choose the correct answer. Sometimes both options are possible.

My family and I *would live* / *used to live* on the coast near Guadalajara. We ¹*would live* / *lived* in an apartment near the beach, and we ²*would go* / *used to go* swimming all the time.

We ³*would have* / *used to have* a dog called Bruno, and he ⁴*used to run* / *would run* for hours along the beach. He ⁵*used to live* / *lived* until he was quite an old dog, and I still miss him a lot.

When I was fifteen, we ⁶*moved* / *used to move* to Mexico City and, although I love this city, I often think about the life we ⁷*used to have* / *would have* near the beach.

_____ / 7 (1 point each)

F Read the email. Then read the statements and decide if they are True or False.

Hi Mariannel!

I'm sorry I haven't written earlier, but I've been so busy with the new job and adapting to life in Europe. I used to think that I would adjust very easily to life abroad, but I realize now that I underestimated just how tricky it would be. Everything is so different from home – from the type of food they eat, to the time they eat, to the clothes they wear. And then, of course, there is the weather... Do you remember how I used to complain about the weather at home? Well, you should see me here. It's been cloudy every day since I arrived, and I'm finding it hard to cope with the lack of sunshine.

I'm really enjoying the work, though. The team I work with is a great group of people and they've really made me feel welcome here. The days tend to start later than at home, though, usually around 9.30 a.m. The first few days, I welcomed being able to get up later as I was still suffering from the time difference and the long-haul flight, but now it seems like a waste of time not starting earlier. I tend to work much better in the morning than in the evening, but I guess I'll survive!

I know that I should stop complaining and just get a grip. I didn't come here for a vacation after all! And I know that someday I'll look back and be grateful for having had this opportunity. I guess that thinking about you guys and life at home is making me feel a little homesick. Let me know how you're doing, and I hope your final exams went well last week.

Take care,

Alicia

- | | | |
|---|---|-------|
| 1 | Alicia finds the change of culture easy to adapt to. | T / F |
| 2 | Alicia is away from home on vacation. | T / F |
| 3 | Alicia is getting along well with her colleagues. | T / F |
| 4 | Alicia enjoys starting work later. | T / F |
| 5 | Alicia believes that this experience is a step forward. | T / F |

_____ / 10 (2 point each)

A A 5 B 3 C 4 D 2 E 1

B 1 d 2 c 3 g 4 f 5 h 6 a 7 e 8 b

C 1 infuriating 2 lost his patience 3 frustrating 4 tricky 5 clumsy 6 hard to operate 7 complex

D 1 a 2 a 3 b 4 b 5 a 6 b 7 b 8 a

E 1 lived 2 would go / used to go 3 used to have 4 used to run / would run
5 lived 6 moved 7 used to have

F 1 F 2 F 3 T 4 F 5 T

Hello, my name is Mary Johnson. I have traveled all over the world – for different reasons and in different situations. And I think I have learned a few lessons about traveling, and I would like to share some of these with you today.

So, lesson number 1. I think the first lesson I learned is that, to really enjoy a trip, we shouldn't be afraid of the unknown. The whole point of traveling is to find out about new places and to experience different cultures. Traveling is welcoming that new knowledge and accepting that there are a lot of things out there for us to learn.

That doesn't mean, however, that you shouldn't prepare a little for your trip. I always do some research on the place I'm traveling to before I go. I tend to check tourism sites, travel blogs, and even guidebooks. But something I learned – and I guess this is lesson number 2 – is that you should use their information just as inspiration and always adapt their suggestions into your own personalized routes. Every trip should always be a personal journey.

And ... lesson number 3. Pack lightly. Take with you half of what you think you need. On my first trips, I would always take these heavy bags, even when traveling for just a few days. Now, my luggage is much lighter because I learned that I can always buy things along the way or wash my clothes at hotels – and that it just drives me crazy to carry clumsy heavy bags around.

And I think lesson number 4 is ... travel slowly. Don't hurry. Even if you are traveling for work and have a busy schedule, take some time to just look around, enjoy the culture, and do things at a more relaxed pace than at home. If you can survive a change of place, you can certainly survive a change of pace.

And, finally, lesson number 5. Don't be shy, go and talk to the local people. Nowadays, even if you don't know the local language, there are great translation apps that can help you communicate. You will learn a lot more about the place and sometimes even make some new friends and make your trip a much more special experience.